## How to determine the size of shoes

- Determine your shoe size is essential to have a comfortable fit.

The following tips are a great help on the measurement to get an accurate reading of your feet.

## Tips on measurement

- For measuring wear the type of socks that you are going to wear with the shoes.
- Measure both feet, but when you have to choice the size of shoe by the sizing chart, it must be considered the lenght of the bigger foot. Possibly not carried out the measurement by yourself, the results will be more accurate if you will get help from another person.


## How to measure foot

- While standing , place your foot on a piece of paper leaning on a wall (Fig. 1) .
- Draw with a pencil a line around the foot. Hold the pencil vertically and make sure that your pencil remains in constant contact with the foot.
- Measure with a ruler the footprint to determine the length and width of the foot.


Fig 1

## Length of foot

- To define the length of the foot to measure the distance between the two points of the impression and that is longer from the end of the big toe to the heel (Fig. 2 ) .


Fig 2

## Width of foot

- If you have a foot with a plant particularly close or wide, it may be useful also to define the width by measuring the distance between the two most distant points of the impression.


COMPARATIVE CHART

|  | E | 3 | 3 | 3 | 3 | if | 35 | 30 | $J$ | 38 | 30 | 4 | 4 | 14 | 4 | 4 | 4 | 46 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | U\|| | N | 11 | 11 | 126 | 1.4 | $!$ | $\}$ | 4 | 45 | 515 | 6 | 7 | 8 | 8.5 | 96 | 10 | 11 |
|  | $\\|$ | $\\|$ | 11 | 13 | 19 | 29 | $\}$ | 4 | 5 | 59 | 6.5 | 7 | 8 | 9 | 0.5 | 105 | 11 | 12 |
|  | IVIUI | 187 | 109 | 20V | 205 | 14 | 720 | 927 |  |  | 76 | 924 | TOU | 907 | 974 | 780 | 707 | 904 |
|  | \||| | 7.68 | 76 | 78.0 | 8.15 | 8.9 | 860 | 809 | 821 | 9.4 | 9.71 | 1010 | 1024 | 10.6 | 1070 | 11.0 | 11.20 | $11.0{ }^{\text {閉 }}$ |

The above information should be considered purely indicative because some people may need a bigger size of shoe than the indicated such as if you have a particularly large-foot plant or just prefer to have a more comfortable fit.

